



# 50 Pass Challenge

Date: May 06, 2019

Duration: 50 Passes

Team: SoccerSpecific



1

🕒 50 Passes ↗️ 25X25

**Setup:** 11V5 Possession inside a 25X25 playing area. 5V5+2 with 4 neutral bumpers on the outside.

**Instructions:** The objective is to connect 50 consecutive passes without the defending team touching the ball. If the ball goes out of bounds a new one is played to the other team. Variations include unlimited touches, two touch and one touch.

**Coaching Points:** Speed of play, movement off the ball, playing the way you face, quality and weight of the pass, communication, and overall field awareness.